DST Setting / Module: 5522

Firstly, make sure it is in the **Timekeeping Mode**.

<Timekeeping Mode Screen>



To return to the Timekeeping Mode, hold down © for about two seconds.



In the Timekeeping Mode, hold down (A) until city code flashes on the display.



Press © to display the DST setting mode.



Press D to toggle ON and OFF.



Press (A) to return to the Timekeeping Mode.